



2025 – 2026

Skating Sessions at Pat Stapleton Arena
Sept. 21, 2025 to March 28, 2026

PreCanSkate, CanSkate &
Advanced CanSkate Programs
StarSkate/Competitive Sessions
Power Skating

“Dedicated to the healthy development of
Children, Youth and Adults
through participation in Skating.”

Carnival 2026
Our 78th Annual Ice Show
Saturday, March 28, 2026

We need many volunteers to help with dressing
rooms, set-up, tear-down, etc. A great opportunity
to help your club put on a great show & help your
child really enjoy the finale of the skating season.

For registration inquiries, please contact:

skatesarniaregistrar@gmail.com

Our website:

www.skatesarnia.net

Facebook: Skate Sarnia



TERMS AND CONDITIONS

PAYMENTS: e-Transfer (preferred), Cheque, Credit Card
Send e-transfers to skatesarniatreasurer@gmail.com

At least 50% is to be paid upon registration with the
balance paid by Nov. 15. All fees must be paid in full prior
to tests, competitions and carnival.

A Family Discount is available for a family with 3 or more
skaters. Discount determined at registration.

\$30 service fee charged on NSF cheques. Anyone with 2
NSF cheques must pay by e-Transfer or cash only.

All past due accounts must be paid prior to new season
registration. Partial fee payment is not an option for
skaters with an overdue account.

REFUND POLICY:

Refunds will only be given during **first 3 weeks** of your
skating session. A \$90 fee will be withheld. Refund
requests must be submitted in writing to the Club
Treasurer. skatesarniatreasurer@gmail.com

SKATE CANADA PRIVACY POLICY

Skate Canada requires clubs to include the Notice of
Collection Statement on their registration forms. Skate
Sarnia uses the personal information collected on the
registration form in order to:

1. Contact skater/parent re: Club activities or events
2. Arrange for appropriate costumes for the carnival
3. Register the skater with Skate Canada

Personal information collected on the form includes:

1. Skater Name, sex, birth date
2. Parent/Guardian Name, address, phone number,
email address

The Skate Canada Privacy Policy is intended to ensure
your personal information is used only for its intended
purpose, accessible only on a need-to-know basis, and
not disclosed without authorization nor used for personal
gain. All Skate Sarnia Board Members and Professional
Coaches are required to sign and abide by the Skate
Canada Privacy Policy as a condition of being on the
Board or employed as a coach. If you have any questions
or concerns about the policy or how your personal
information is used, please contact the club President.

CANSKATE PROGRAMS

CanSkate is a learn-to-skate program focused on fun,
participation & basic skill development needed to take part in
any skating sport. It's offered in 3 ability-based programs.
Skaters may progress to the next level during the season
through regular on-session testing. Awards & incentives help
encourage skaters. Professional Coaches aided by trained
Program Assistants teach the programs.

PRECANSKATE

Typically geared to pre-school children with little or no
skating experience, this program is focussed on fun &
participation in age appropriate activities.

\$390 One session/week: Sunday at 10:15 or 3:30

CANSKATE

Geared towards skaters with previous skating experience –
must be able to fall down, get up and skate forward with little
assistance. Skaters are grouped according to ability to
develop basic skating skills for CanSkate Stages 1 to 3.

\$475 One session/week: either day, Sun/Thurs

\$685 Two sessions/week: both days

ADVANCED CANSKATE

For experienced skaters above CanSkate Stage 3 who will
progress to Stage 6 as they develop higher skating skills.

\$475 One session/week: either day, Sun/Tues

\$685 Two sessions/week: both days

STAR GROUP

This is a bridge between Advanced CanSkate & StarSkate/
Competitive, introducing skaters to ice dance, skills & free
skate in a group format. Skaters require CanSkate Stage 6.

\$475 One session/week: either day, Sun/Tues

\$685 Two sessions/week: both days

STARSKATE/COMPETITIVE SESSIONS

Skaters continue building their skating skills in ice dance,
skills, singles (freestyle) & interpretive skating. Professional
Coaches offer instruction in semi-private &/or private
lessons. Skaters require CanSkate Stage 6 & a Coach.

STAR Private Lesson Sessions

Level “A” sessions: geared for STAR 4 and up

Level “B” sessions: geared for up to STAR 4

Registration fees are based on number of STAR sessions
selected. Lesson fees are extra, paid directly to your coach.

BOARD OF DIRECTORS

Our Board of Directors are all volunteers who have had
many years of experience with Skate Sarnia, as skaters or
parents of skaters and as volunteers. We strive to do our
best in providing programs & coaching staff that meet the
needs of our skaters. Our email address for the Board is:

skatesarnia.boardofdirectors@gmail.com

WEEKLY ICE SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PreCanSkate 10:15 – 10:45			Power A 5:10 – 6:00		Power C 4:10 – 5:00
STAR A 10:45 – 12:00		STAR A 3:00 – 4:15	Power B 6:10 – 7:00	STAR A 3:00 – 4:30	
Flood 12:00 – 12:15		STAR B 4:00 – 5:15		STAR B 4:15 – 5:45	
STAR B 12:15 – 1:30		AdvCan & Star Group 5:15 – 6:00		CanSkate 5:45 – 6:30	
Star Group 1:30 – 2:15					
AdvCanSkate 2:00 – 2:45					
CanSkate 2:45 – 3:30					
PreCanSkate 3:30 – 4:00					

NOTE: Power C sessions are mostly Fridays.
Actual dates are: (non-Friday dates are underlined)
Sep 19,26; Oct 10,17,31; Nov 21; Dec 19,23,26,30;
Jan 9,23,30; Feb 13; Mar 6,13,20,25

IMPORTANT DATES (subject to change)

as of: **September 13, 2025**

Calendar updates and “NO SKATE DAYS” will be communicated regularly via Facebook, website and email.
Some sessions may be cancelled from time to time due to unforeseen circumstances – emails will be sent as needed.

Sep. 21 Sun	First week of skating for all programs	Jan. 4 Sun	No skating
Oct. 12 Sun	No skating - Thanksgiving	Jan. 6 Tues	Skating resumes, all programs
Dec. 21 Sun	Family Skate for PreCanSkate, CanSkate, Advanced CanSkate & Star Group Programs only.	Jan. 18 Sun	Some/all sessions cancelled due to hockey
	StarSkate/Competitive sessions continue as regularly scheduled.	Feb. 22 Sun	Some/all sessions cancelled due to hockey
		Mar. 8 Sun	First week of Carnival practice starts - all sessions except Power Skating
Dec. 22 Mon	Start of Winter Break	Mar. 15 Sun	No skating - March Break
	No skating until January 6.	Mar. 17 Tues	No skating - March Break
		Mar. 18 Wed	Last day of Power Skating
		Mar. 19 Thur	No skating - March Break
		Mar. 22 Sun	Second week of Carnival practice starts
		Mar. 27 Fri	Carnival Dress Rehearsal
		Mar. 28 Sat	Carnival and last day of skating

POWER SKATING

Power Skating is designed to help hockey skaters develop
better balance, power, agility, speed & endurance.
Skating skills, techniques & conditioning drills are taught
in a way that emphasizes how the skills apply to game
situations. Hockey gear is required. The program is
offered on two sessions, both on Wednesday.

\$ 565 One session/week: Wednesday 5 or 6 PM

\$ 455 One session/week: Friday 4 PM (see note below)

ADULT SKATERS

Experienced adult skaters may register for the StarSkate/
Competitive sessions. A professional coach is not a
requirement but is an option if they wish.

GUEST SKATING

StarSkate/Competitive skaters who wish to have extra ice
from time to time may request to “Guest Skate”. The
request is made through their coach to the Board. If
granted, the “Guest Skate” is valid in one-hour increments
and ONLY for the approved time. Fee is \$30/hr.

CARNIVAL PRACTICE

The last two weeks of scheduled skating sessions are
exclusively reserved for carnival practice. Only skaters
who registered for carnival are permitted on the ice.

SKATE CANADA HELMET POLICY

All skaters, including adults, at CanSkate Stage 5 or
below must wear a CSA approved hockey helmet while on
the ice. In general, this applies to anyone who lacks good
control/balance when skating forward or backward, or
difficulty stopping & manoeuvring around ice obstacles.

PROMOTIONAL BOOKLET

This fundraiser supports our club & Skate Ontario. The
cost is included in the registration fee. You sell the 20 \$2
tickets to family & friends & keep the \$40. Ticket stubs
must be returned by January 31st. If you don't sell all the
tickets, enter your own name on any unsold tickets before
returning the stubs.

PROFESSIONAL COACH FEES

Professional Coaches are available for private lessons on
StarSkate/Competitive sessions. Professional Coaching
fees are **NOT** included in the club registration fees. All
Professional Coach fees are paid directly to the Coach.

OBTAINING A PROFESSIONAL COACH

. If you are interested in hiring a Professional Coach for
your skater, please contact the Board of Directors via our
email: skatesarnia.boardofdirectors@gmail.com to obtain
more information. Coaches are not to be contacted
personally for private lessons.